

# heartbreak

M A N A G E M E N T



Kristine Frøseth

Height : 67" / 170 cm | Waist : 24" / 61 cm | Hips : 34" / 86 cm | Shoe : 39.0 EU / 6.0 UK | Hair Colour : Dark Blonde | Eyes : Blue

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ALFONSO BRISANNUCCI / E! ONLINE FOR ALASKA

Hulu's First "Looking for Alaska" Photos Bring the Beloved Book to Life



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Base and knuckles by Chanel. For details, go to [V.com/makeup](#).  
PHOTOGRAPH BY DANIEL ARZUFF. STYLING BY JANE ROY WILSON.

V.F.'s Krista Smith speaks with Kristine Frøseth, the Norwegian model turned actress.

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You're practically the face of **Netflix** this fall as a star of two new original films.

Yes, and they're very different. In *Sierra Burgess Is a Loser*, a high-school comedy, I'm Veronica, the mean girl. High school is an awful time, so I wanted to show the conflict that creates a bully. And in *Apostle* I play Pflon, who gets wrapped up in this cult, along with her lover. It's a thriller with Dan Stevens and Michael Sheen, and it's very, very dark.

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## You were first discovered as a model in Norway, right?

I was in Oslo, which doesn't really have a fashion community, but I was scouted at my local mall, walking in this catwalk event that they hosted. Three months later, my family moved to the States, so the timing was amazing, because it all continued for me in New York.

## But you were born in the U.S. What was it like growing up between here and Norway?

Because of my dad's job, we would move every three to four years between two very different worlds—Norway and New Jersey. In Norway, we lived in the woods, so we could run around and play. New Jersey was a lot more competitive; the playdates were scheduled, the parents were nervous, and I was a lot less independent. There's no "off" button with Americans. It's crazy. For me, being around nature and horses is the best "off" button there is.

### WHAT KRISTINE LOVES

**Style icon:** Diane Kraton

**Favorite bag:** My mom's old Norwegian leather school backpack

**Favorite shoes:** Prada booties

**Favorite sneaker:** Nike Air Max '97

**Product you can't live without:** Weleda Skin Food

**Upside:** Chanel

**Favorite hotel:** Le Bristol Paris

**Necessary extravagance:** Rent in New York City

**Favorite discovery:** HU cashew-butter dark chocolate

**Whom do you trust the most?** My dad

some projects, I would talk with the photographer to create a character and a world together, so it became very similar to acting.

## Your first major role was in the J. D. Salinger biopic *Rebel in the Rye*. What was that like?

I couldn't stop smiling on set. I had no idea how movies were made, so it was mind-blowing.

## What's your ideal "off" button day?

Well, the bread in Norway is amazing. I would wake up and have two pieces that I get at a bakery right next to my family's apartment, in Oslo. You must add this brown cheese on top of it with butter and strawberry jam . . . maybe two pieces of chocolate. It really is the best breakfast. Then I would travel to Deobak, which is my hometown, an hour outside of Oslo, and I'd swim and eat some ice cream. That sounds like a perfect "off" button day.

## Did modeling prepare you for an acting career?

It changes with each project. Often, you're not able to be as creative—it's up to the designer or the photographer to play and experiment. But with

Frøseth comes across as sensitive with an existential streak. "I was a shy kid who spent a lot of time in front of the screen," she recounts. As a teen, she modeled for a few years before throwing herself into acting, thinking it'd be "awesome to make a living exploring human nature." Now that this hypothetical has become reality, Frøseth is still getting used to seeing herself onscreen. About seeing her recently wrapped projects, Frøseth says, "I'll try to keep my eyes open. It can be hard to watch sometimes."



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## KRISTINE FROSETH IS THE MODEL-TURNED-ACTRESS YOU'LL BE SEEING EVERYWHERE

By [Alexandre Weiss](#)  
Photography Sebastian Kim

Published March 14, 2019



*hey,  
click  
this  
and  
subscribe.*

**A**t 16, Kristine Frøseth went to a modeling casting call at a local mall in her native Norway with no idea that the runway would lead to a career as an actress. But after appearing in European fashion magazines (and a Prada campaign photographed by Steven Meisel), she attracted the attention of a casting director for the film adaptation of John Green's best-selling YA novel *Looking for Alaska*. The movie was never made, but she landed an agent at CAA. "It was all crazy timing and luck," says Frøseth, now 22, who grew up in both Norway and New Jersey and now lives in Brooklyn.



Kristine Frøseth in a Chanel top, pants, hat, glove, and shoes.

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Her status as Hollywood's latest ingenue hasn't impeded her ability to be starstruck by her leading men, who include Patrick Dempsey and Dan Stevens. "Oh my gosh, his blue eyes!" she says of Stevens, best known for his role as Matthew Crawley on Downton Abbey. "I could not stop staring. I was just daydreaming every time I talked to him."



Frøseth wears a jacket, top, pants, hat, and earrings by Chanel.



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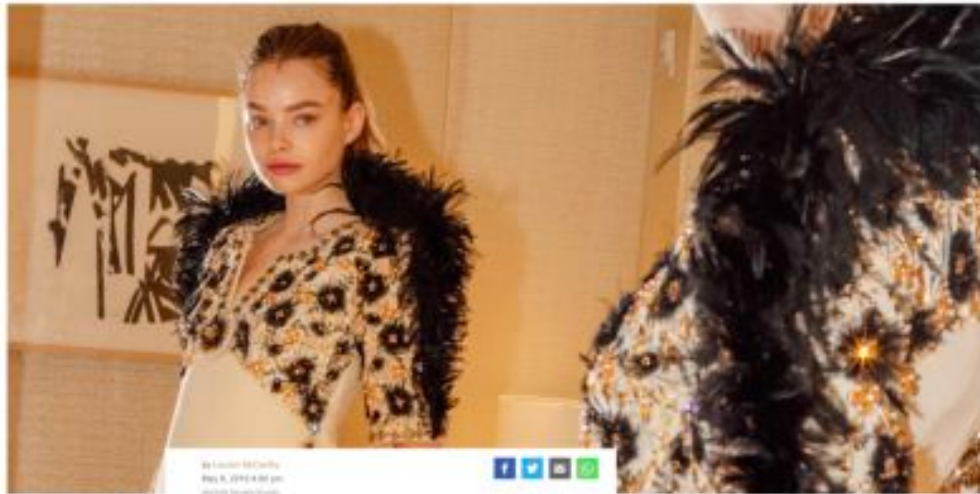
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Exclusive: Kristine Frøseth Debuts as Chanel's  
New U.S. Brand Ambassador at the 2019 Met  
Gala



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